

# Hayley Steinmuller

**SPEAKER | EDUCATOR | COUNSELOR | TRAUMA SURVIVOR**

Hayley Steinmuller survived the 2017 Route 91 Las Vegas shooting and has spent the time since working with peer support groups to help her navigate her own trauma while helping others process theirs. Hayley is passionate about working through the hard times using humor and focuses on having a mentality of “it already happened, we can’t change the past, how do we move forward.”

Hayley was in graduate school to become a school counselor when she survived the largest mass shooting in US history and used her experience to write her master's thesis on the different levels of support people receive after surviving a shooting based on a number of factors such as gender, race, age, level of trauma faced, job position, etc.

After Hayley graduated, she moved to Colorado to be closer to a community of survivors and thrives as a counselor in an educational setting that understands her experience and values school safety as a top priority for students and staff.

Hayley has spoken on leadership panels, connected with others, volunteered at countless events, and posted online content garnering over a collective of 3-million views and counting on TikTok. She has been featured in interviews for documentaries, podcasts, and magazine articles about her fierce resilience.

*Hayley is available to facilitate trauma and survivor workshops, serve as a panel expert and speaks on a variety of top*

**"As a single woman, I've learned how to navigate the dating world as a survivor."**



## For More Information

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## THESE BOOTS WERE MADE FOR RUNNING

*The 11 minutes that change my life forever... and the 11 hours after*

On October 1st 2017, 58 lives were lost and over 22,000 others were affected after gunfire erupted on a county music festival in Las Vegas. Sharing her personal story of that day, Route 91 survivor Hayley Steinmuller, shares intimate details and insights of surviving the largest mass shooting in US History.

### Hayley Shares

- 🌀 The timeline from a survivor's view
- 🌀 Pictures and maps of her location and exit route
- 🌀 Debunking the conspiracies and what we learned from the FBI report



## SURVIVING THE DATING WORLD

*Single and sort-of ready to mingle*

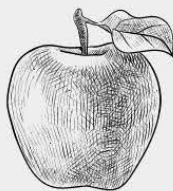
Hayley was single and ready to mingle at Route 91 when her life was forever changed. After surviving the shooting, Hayley realized she now had to navigate an extra layer while dating... IF she should tell them, when to tell them, and how to answer the endless questions.

### Hayley Shares

- 🌀 The fun and not-so-fun experiences of dating a survivor
- 🌀 A different dating approach -- post trauma
- 🌀 Interactive Q&A, addressing your curiosity, compassion and what's on your mind

## WHAT? SO WHAT? NOW WHAT?

*Working at a school after surviving a mass shooting*



Less than 24 hours after surviving a mass shooting Hayley found herself in school -- as a student and educator. Ten months later she began her career as a counselor. Route 91 survivor, Hayley Steinmuller, shares her experience of addressing her trauma during an interview, asking for accommodations, serving on the trauma response team, and panicking through fire alarms and drills.

### Hayley Shares

- 🌀 Pushing through the daily fears of working in a school
- 🌀 Setting boundaries and asking for what you need from students and co-workers

## IT'S OKAY TO BE OKAY

*Coping in a way only I understand -- when others thought I was weird*



After surviving the Las Vegas Route 91 shooting, friends, family, and strangers found the way that Hayley coped to be quite unique; most of her life remained normal and she found that others had a hard time coping with the way Hayley coped -- often using her trauma as a “reason” to explain what they didn’t understand.

### Hayley Shares

- 🌀 The experience of coping differently than her friends
- 🌀 Situations in which she has coped well and times that were difficult